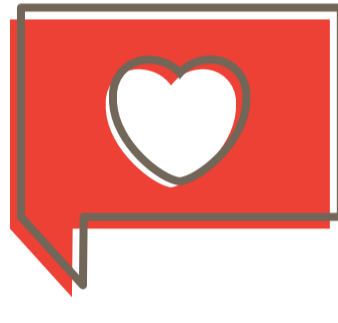


3 KEY BENEFITS of Bilingualism



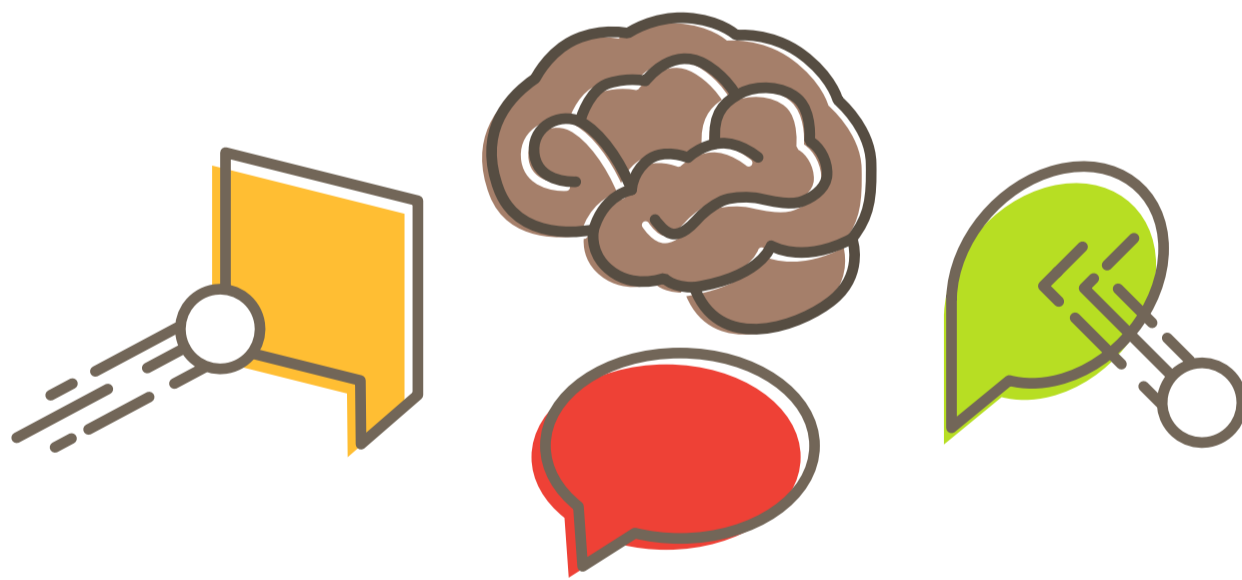
Enhanced Cognitive Growth

Researchers have shown that because bilingual brains are constantly going back and forth between two languages, they can have **better attention** and **task switching skills** as well as higher **executive functions**.



Career Opportunities

According to a New American Economy report, In 2010, there were 239,267 job listings targeting bilinguals while **in 2015, that figure had more than doubled** to 627,182. In addition, it is reported that **the need for bilingual skills is spread across the economy** rather than limited to one industry or skill focus.



Protection Against Age-Related Decline

In recent studies, bilingual patients reported showing initial symptoms of **Alzheimer's disease** on average **five years later** than monolingual patients, and **performed on par behaviorally**, even when their degree of brain atrophy would suggest that their symptoms should be worse.

For more information on how HMH World Languages programs can help your students achieve proficiency in a second language, visit:

hnhco.com/worldlanguages



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Sources:

1. http://dana.org/Cerebrum/2012/The_Cognitive_Benefits_of_Being_Bilingual/
2. http://www.leadwithlanguages.org/wp-content/uploads/2017/02/NAE_Bilingual_V6.pdf

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