

SUPER FIVE

5 Steps to Getting Gritty

Many students, some you may know, face challenges that can interfere with their learning goals. If this happens to you, you can still be successful. How?

- Find things that interest you in school and give them your time and energy. The more you engage with what interests you, the more it drives your passion for your chosen interests.
- Cultivate friends that share your passion. Work together on projects both inside and outside of school.
- Reframe how you think about learning. It's NEVER "one and done." Failure isn't permanent. If you don't get the grade you want, try harder in the next grading period. Persist and work through the tough parts.
- You deserve the help you need. Don't be afraid to ask for it from your teachers, friends, family, and resources in your community. Check out free tutorials online.
- Imagine a successful future and work toward it. Set short-term goals for each day—what do YOU want to focus on? Then, COMMIT and FOLLOW THROUGH.

Source
Grit: The Power of Passion and Perseverance by Angela Duckworth



HOW?
**SUCCESSFUL
STUDENTS
DEVELOP
GRIT!**

**WHAT
IS GRIT?**
**IT'S A
COMBO OF:**

PASSION
+
PERSEVERANCE